



CAP 2026 - Pre-Conference Program

Materials, lunch, and transportation are included in all Pre-Conference sessions. Registration for Pre-Conference sessions will open on **March 2, 2026**, at 9:00am CST as there are space limitations for each session. You will be required to log into your Guidebook account before you can add sessions to your "My Schedule".

#1: Pre-Conference: Indigenous Ribbon Skirt or Shirt Workshop

Time: Full Day 9:00 a.m. – 3:30 p.m.

Location: Thom Collegiate, Regina Public Schools

Capacity: 15 participants

Description: Experience a full-day, hands-on cultural learning opportunity guided by an Indigenous Elder, where participants explore the teachings and cultural significance of ribbon skirts and shirts—garments deeply connected to identity, story, and tradition across many Indigenous communities. Attendees will design and create their own ribbon skirt or shirt while engaging in meaningful conversation, reflection, and relationship-building. This immersive session offers school leaders a valuable chance to connect with Indigenous culture, learn through experience, and participate in a shared journey of understanding and reconciliation.

#2: Pre-Conference: Indigenous Ribbon Skirt or Shirt Workshop

Time: Full Day 9:00 a.m. – 3:30 p.m.

Location: Archbishop M.C. O'Neill Catholic High School, Regina Catholic Schools

Capacity: 11 participants

Description: Experience a full-day, hands-on cultural learning opportunity guided by Charmin Buffalocalf, where participants explore the teachings and cultural significance of ribbon skirts and shirts—garments deeply connected to identity, story, and tradition across many Indigenous communities. Attendees will design and create their own ribbon skirt or shirt while engaging in meaningful conversation, reflection, and relationship-building. This immersive session offers school leaders a valuable chance to connect with Indigenous culture, learn through experience, and participate in a shared journey of understanding and reconciliation.



#3: Pre-Conference: STEAM Academy

Time: Full Day 9:00 a.m. - 3:00 p.m.

Location: Johnson Collegiate High School, Regina Public Schools

Capacity: 15 participants

Description: Experience the innovative STEAM Academy at Johnson Collegiate in this full-day, hands-on workshop where participants step into the role of students engaging in science, technology, engineering, arts, and mathematics through real-world, project-based learning. Designed and facilitated by Academy instructors, the session immerses attendees in design thinking, collaborative problem-solving, and prototype creation, offering a firsthand look at how this unique Grade 7-12 program blends creativity and technical skill development. School leaders will leave with practical inspiration and insight into how STEAM-focused, cross-disciplinary learning can transform student engagement and classroom practice.



#4 - Pre-Conference: Scott Collegiate and the m̄maw̄yatit̄n centre (am) & Sacred Heart Community School (pm)

Time: Full Day 9:00 a.m. - 3:00 p.m.

Location: Scott Collegiate, Regina Public Schools, the m̄maw̄yatit̄n centre, and Sacred Heart Community School, Regina Catholic Schools

Capacity: 24 participants

Description: Experience the unique learning environment of Scott Collegiate and the m̄maw̄yatit̄n centre—a vibrant community hub that brings together education, culture, health, and recreation under one roof. The first half of the day introduces participants to the collaborative model that makes the m̄maw̄yatit̄n centre a cornerstone of north-central Regina, highlighting how Scott Collegiate integrates Indigenous ways of knowing, community partnerships, land-based learning, and experiential programming. Attendees will explore the innovative spaces, programs, and relationships that showcase how a school and its community can work together to support student success, belonging, and opportunity.

The afternoon includes a tour of a Learning Classroom and Michif classroom at Sacred Heart Elementary School followed by a presentation by Angus Hamilton. The Learning Centre Classroom provides flexible, student-centered support through a blend of push-in and pull-out programming designed to strengthen inclusion, self-regulation, academic growth, and student well-being while maintaining strong connections to the classroom. The Michif Classroom immerses students in Métis language, culture, and land-based learning through authentic partnerships with Elders and community, using oral teaching and hands-on experiences to foster belonging, cultural identity, and early learning success. The presentation explores Michif ways of knowing the land through hands-on, land-based learning and oral teaching. Drawing on projects such as the Hides Project and the High School Medicinal Plants project, Angus Hamilton will share how experiential learning is rooted in land, story, and relationships, deepening student understanding of the natural world and its properties. Angus shares his Métis culture and ways of knowing the land and our relationship with it, from his time with his Grandmother picking their food and medicines. He learned his lessons in snaring and fishing as well as hunting from his Grandfather. These were memorable times spent with his family in the Qu'Appelle Valley located around Lebret where his family originally settled.



#5 - Pre-Conference: Mother Teresa Middle School (am) & Scott Collegiate and the m̄maw̄yatit̄n centre (pm)

Time: Full Day 9:00 a.m. - 3:00 p.m.

Location: Mother Teresa Middle School, Regina Catholic Schools and Scott Collegiate, Regina Public Schools, the m̄maw̄yatit̄n centre,

Capacity: 23 participants

Description: Experience Mother Teresa Middle School (MTMS) - a Jesuit, Nativity school located in Regina, Saskatchewan. Schools in the Nativity Miguel Coalition (NMC), follow an innovative educational model in preparing students for the rigors of high school and post-secondary education that includes following students to employment. Each of the 50 participating schools in the Coalition adheres to the same set of universal standards that challenges its students to go beyond academic excellence, to be reflective and to be committed to service. MTMS is built on the Jesuit ideal of "cura personalis", which means care for the whole person. Recognizing Truth and Reconciliation, MTMS ignites a love of learning and empowers students to embrace their personal and cultural identity while overcoming obstacles and growing their spiritual, intellectual, emotional, social, and physical well-being.

Participants will tour MTMS and learn how its innovative model supports students from middle school to employment. By participating in a hands-on beading activity alongside students, attendees will experience firsthand the power of relationship-centered learning and cultural connection. This session will demonstrate how the Nativity model fosters student engagement and future success through love, cultural connections, and personalized support.

Experience the unique learning environment of Scott Collegiate and the m̄maw̄yatit̄n centre—a vibrant community hub that brings together education, culture, health, and recreation under one roof. The second half of the day introduces participants to the collaborative model that makes the m̄maw̄yatit̄n centre a cornerstone of north-central Regina, highlighting how Scott Collegiate integrates Indigenous ways of knowing, community partnerships, land-based learning, and experiential programming. Attendees will explore the innovative spaces, programs, and relationships that showcase how a school and its community can work together to support student success, belonging, and opportunity.



#6 - Pre-Conference: Inclusive Programming in High School: Arts, Life Skills, and Belonging (am) & Blanket Exercise (pm)

Time: Full Day 9:00 a.m. - 3:00 p.m.

Location: Riffel Catholic High School, Regina Catholic Schools & Catholic Education Center, Regina Catholic Schools

Capacity: 25 participants

Description: Experience Riffel Catholic High School through the spotlight of **inclusive arts education**—where every student belongs, contributes, and shines. Enjoy a live scene from *How to Train Your Dragon* and a performance by **Canada's first Inclusive Improv team**, followed by a Q&A with their drama teacher, student mentors, and actors. Sip coffee and eat treats from the student-run **Royal Beans**, then connect with the Functionally Integrated Program teacher to see how inclusion is woven through classrooms across Riffel High School.

Participants will then be bussed to the new Regina Catholic Education Centre where they will receive a guided tour through the Early Years Family Resource Centre. The Early Years Learning Centre supports children from prenatal to age six through high-quality, play-based learning experiences that strengthen early development and family engagement. By bringing caregivers and children together in safe, inclusive environments staffed by qualified early childhood professionals, the centre builds strong foundations for learning, wellbeing, and positive school transitions. School leaders will see how early engagement, caregiver partnership, and integrated community supports contribute to improved academic, social, and emotional outcomes over time. The Early Years Learning Centre demonstrates how intentional early years investment supports long-term student success and system-wide wellbeing.

Throughout the afternoon, participants will be guided through "The Blanket Exercise", which is a teaching tool to share the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada. It is an interactive learning experience that teaches Indigenous history. Developed in response to the 1996 Report of the Royal Commission on Aboriginal Peoples—which recommended education on Canadian-Indigenous history as one of the key steps to reconciliation, this Blanket Exercise will cover over 500 years of history in one afternoon.